

Everyone Deserves
a Great Life

April 2017



THE COUNTRY HOUSE

IN WESTCHESTER

2000 BALDWIN RD. · YORKTOWN HEIGHTS, NY 10598 · (914) 962-3625
WWW.MERIDIANSENIOR.COM/COMMUNITY/THE-COUNTRY-HOUSE-IN-WESTCHESTER
WWW.FACEBOOK.COM/COUNTRY-HOUSE-IN-WESTCHESTER-1349815361696141/

Staff Directory

Anita Lary
Executive Director

Sylvie Farrell
Assistant Administrator

Sally Ippolito
Case Manager/Liaison

Maureen Browne
Health Services

Keshia Criss
Dining Services

Kahlil Martin
Recreation



Happy Birthday

4/02 Toby M.

4/11 John H.

4/15 Phillip P.

4/20 Jack A.

4/23 Marie L.

**Are you celebrating a birthday
this month?**

**Please call and be our guest for
lunch; we would love to help you
celebrate.**

Call Nancy @ 914- 962-3625



Flourish of Flowers

Whether it's tulips, daffodils or azaleas, each April, from coast to coast, folks celebrate the flowers of spring. In some places, multi-day festivals have blossomed around their arrival. Washington's Skagit Valley is famous for its 300 acres of brightly colored tulip fields. More than half a million yellow daffodils are the center of attention in Meriden, Conn., and Wilmington, N.C., showcases its lush gardens of azaleas.

A Little Rain Must Fall

"The way I see it, if you want the rainbow, you gotta put up with the rain." —Dolly Parton



WINTER OFFER

Move in by May 31st and get a complimentary 4th month.

For more information, contact
Nancy Nshiewat

Director

of

Community Relations

at

(914) 962-3625





Employee Spotlight

Trivia Whiz

Busy Beavers

Known for their unique ability to adapt their environment to suit them, beavers are fascinating animals.

With powerful jaws and strong teeth, beavers fell trees and use them to build log and mud structures that block streams. These dams turn fields and forests into ponds.

Beaver dams are an important part of the ecosystem, helping slow floodwaters and control erosion.

These semi-aquatic rodents move easily through the water thanks to their stiff, flat tails and webbed feet. Their thick fur is waterproof, and they can hold their breath underwater for up to 15 minutes.

Beavers have orange teeth that never stop growing. They eat bark, roots and leaves from trees, as well as aquatic plants.

Sally Ippolito was born in Irvington, NY, and raised in Yorktown Heights. She earned a bachelor's degree from Iona College for Social Work & Gerontology.

Soon after graduating she met and married her husband of 34 years. They have one son. Sally was so excited to welcome her first grandchild last year, a beautiful baby girl.

Almost 10 years ago, Sally's husband was looking for an assisted living for his beloved mother when they found The Country House.

A few years after that, Sally's parents joined The Country House family.

Eventually, Sally joined our staff and became our Case Manager. Since Sally has been here, she has developed great relationships with

residents, family members and other health care communities.

The Country House is proud to have Sally as a great team member.

We Salute You.



A Rose for Peace

Distinguished by luscious, creamy yellow petals edged with pink, it's a flower that symbolizes the end of a war and hope for the future—the Peace rose, introduced to the world on April 29, 1945.

The beautiful blossom's story begins in France, where it was developed by

third-generation rose breeder Francis Meiland between 1935 and 1939. With World War II looming, Meiland sent cuttings of the hybrid tea rose to friends in Germany, Italy and the U.S., who were able to grow the roses with great success. Marked by hardiness and large, long-lasting blooms, the new variety was destined to be a favorite in the gardening world.

Days before Germany's surrender, a ceremony for the new rose was held. As two doves were released, it was announced that the variety would be "named for the world's greatest desire: peace."

The Peace rose has been called the most popular rose in the world, with an estimated 40 to 50 million plants grown around the globe.

Festival of Freedom

Are you familiar with the holiday of Passover?

Passover is the eight-day observance commemorating the exodus of the Israelites from Egypt during the reign of the Pharaoh Ramses II. A time of family gatherings and lavish meals called Seders, Passover's story is retold by participants through the reading of the Haggadah.

For those celebrating the holiday, here's wishing that, just like the Red Sea, your troubles part and your cup of happiness overflows. We wish everyone a very happy Passover!

All About Easter

Easter, one of the most important holidays in Christianity, celebrates the central event of the Christian faith: the resurrection of Jesus Christ after his crucifixion. This event is significant to Christians because, through his death and resurrection, Jesus suffered for the sins of the world, yet was able to overcome death.

Easter is observed on the first Sunday after the full moon that occurs on or after the vernal equinox (the first day of spring). According to the Bible, the events of the crucifixion and resurrection occurred during the Jewish Passover, a springtime celebration.

Children often participate in Easter egg hunts and look forward to visits from the Easter Bunny, who is said to deliver candy and eggs during the night.



*****Meet Mario Tribuna*****

Born in New Jersey, and raised in The Bronx, NY, Mario attended high school where he learned machine metal trades.

After graduating he served in the United States Navy in World War II. He served proudly for five years and then returned back to his hometown of The Bronx, where he worked for Bendix Aviation as an airplane parts manufacturer. Shortly after being set up on a blind date, Mario met his wife Camilla. Married for 60 years, Mario and Camilla had a beautiful daughter.

Mario's hobbies consist of playing his classic Martin guitar, and showing off his 1946 Harley Davidson motorcycle. Mario remembers fondly, his cross-country trips.

Fast forward a few years: Mario decided it was time to look into a retirement residence. During his search he came across The Country House in Westchester and didn't look any further.

Since moving into The Country House he has become an active resident, who loves to participate in community affairs and activities. We are very proud to have Mr. Tribuna as a resident here at The Country House in Westchester.



Wit & Wisdom

"Baseball was, is and always will be to me the best game in the world."

—Babe Ruth

"There are only two seasons—winter and baseball."

—Bill Veeck

"Love is the most important thing in the world, but baseball is pretty good, too."

—Yogi Berra

"People ask me what I do in winter when there's no baseball. I'll tell you what I do. I stare out the window and wait for spring."

—Rogers Hornsby

"Now, there's three things you can do in a baseball game. You can win, or you can lose, or it can rain."

—Casey Stengel

"Baseball, it is said, is only a game. True.

And the Grand Canyon is only a hole in Arizona."

—George Will

April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 April 				1
2	3	4	5	6	7	8
9	 10	11	12	13	14	15
16	17	18	19	20	 21	22
23/30	24	25	26	27	28	29

"This Month In History"

APRIL

1789: George Washington is inaugurated as the first president of the United States.

1792: Congress establishes the first U.S. Mint. It is in Philadelphia, which was the nation's capital at the time.

1805: Author Hans Christian Andersen is born in Denmark. He wrote more than 150 fairy tales for children, including the classics "The Little Mermaid" and "The Ugly Duckling."

1817: Thomas H. Gallaudet and Laurent Clerc establish the first American school for the deaf.

1822: Landscape architect Frederick Law Olmsted is born. He helped design some of the most famous parks in America, including Central Park in New York City.

1925: "The Great Gatsby" by F. Scott Fitzgerald is published.

1949: The Richard Rodgers and Oscar Hammerstein musical "South Pacific" opens on Broadway.

1970: Earth Day is observed for the first time.

1974: Hank Aaron hits his 715th home run, passing Babe Ruth as the all-time home run leader.

1976: Steve Jobs and Steve Wozniak form Apple Computer Inc.

1981: The first space shuttle, Columbia, is launched from Kennedy Space Center in Florida.

1990: The sketch comedy series "In Living Color" premieres on television. It is credited with helping to launch the careers of several Hollywood stars, including Jennifer Lopez, Jim Carrey and Jamie Foxx.