

Everyone Deserves
a Great Life

April 2017



CRYSTAL SPRINGS

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Martha and Her Family Enjoying All of the Fun 2016

Easter Egg Hunt and Magic Show

We would like to invite you to our Easter Egg hunt on April 8th, at 9:30 am. we will be having a magic show, then an egg hunt. Come join us for a wonderful memory-making morning!



Detroit Tigers Opening Day

Detroit Tigers opening day of Baseball for the 2017 season is Friday, April 7th, at 1:00. We will be playing the Boston Red Socks. Come on down to your neighborhood living room and watch the game with friends and fans. Be sure to wear your favorite Tiger gear.



Flourish of Flowers

Whether it's tulips, daffodils or azaleas, each April, from coast to coast, folks celebrate the flowers of spring. In some places, multi-day festivals have blossomed around their arrival. Washington's Skagit Valley is famous for its 300 acres of brightly colored tulip fields. More than half a million yellow daffodils are the center of attention in Meriden, Conn., and Wilmington, N.C., showcases its lush gardens of azaleas.

A Little Rain Must Fall

"The way I see it, if you want the rainbow, you gotta put up with the rain." —Dolly Parton

Welcome Kathy

Hello, I would like to introduce myself. My name is Kathy Higgins. I have over 30 years' experience as an administrator for aging adults. I am also a nurse!

I have always lived in the Grand Rapids area. I am married and have 3 children and 5 grandchildren.

I am excited to be part of the Crystal Springs family and look forward to meeting each resident and family members! Please feel free to stop by the office in Seaside Neighborhood and introduce yourself.

 **Director's
Corner**



Activities



April 2nd	Lorraine
April 3rd	Martha
April 6th	Eve
April 8th	John
April 11th	Jane
April 11th	Grace
April 12th	Joyce
April 12th	Olga
April 19th	Olga
April 22nd	Margaret
April 26th	Billie

Help Wanted!

Calling all egg fillers! We will be having an Easter Egg stuffing party on April 3rd and 4th in the afternoon. We will need to fill 800 Easter eggs for the Easter Egg Hunt. We need all available people. We will have a great time with lots of laughs and then some goodies after. Please check you calendar for time and neighborhood.



Save the Date



Easter Magic Show	April 8th
Lisa Erb	April 12th
Girl Scout Bingo	April 15th & 22nd
Alz Support Group	April 18th
Steve Troyer	April 29th

The Dish on Dandelions

Some see dandelions as unwelcome weeds, but this plant with its familiar bright yellow flower has many culinary uses. Its head, root and leaves are used in teas, soups, salads and jelly.

Spring Into Outdoor Fun

With cold winter days long behind us and the stifling summer heat still weeks away, now is the perfect time to get outside and enjoy some fun spring activities. Here are a few ideas:

See where it all begins. Search for nearby farms that offer tours showing how foods such as milk, cheese and honey are made. Kids especially will get a kick out of seeing cows, pigs, goats and other barnyard favorites in person.

Stop and smell the roses. Visit a botanical garden or arboretum to experience fresh spring blossoms in their full glory.

Take a swing at spring fun. Miniature golf is a great way to get a group of friends or relatives together, and it's entertaining for all ages and skill levels.

Shop for the season. Farmers' markets are back in business, so treat your taste buds and your table to fresh produce and flowers from local vendors.

Wonder at wildlife. Take a trip to the zoo; with the weather still mild, the animals will likely be more active, and you may even get a chance to see some newborn critters!

Savor the taste of spring. A blanket, a basket of goodies, and some loved ones are all you need to take part in a traditional picnic. Pack a ball, Frisbee or kite for an extra serving of fun after the meal.

Remember When: Clotheslines

Before many homes had clothes dryers, laundry often dried in the breeze on backyard clotheslines. After garments were washed, they were hauled in baskets to the line and hung with wooden clothespins to dry. Fresh air and sunshine created a distinctive scent that lingered on the clothes long after they were taken down. Clotheslines were also meeting spots for neighborhood women to chat, give advice and share news.



5 Things About: Butterflies

- Butterflies can be found fluttering around every continent except Antarctica.
- The insects feed on nectar and pollen from flowers.
- They taste with their feet—that's where their taste receptors are located.
- A butterfly's two eyes have 6,000 lenses each.
- Their wings are actually transparent and covered with thousands of tiny scales. Light reflecting off the scales creates the colors and patterns we see.

This coming spring, we will be starting our own butterfly garden. We will be planting milkweed plants and a variety of different flowers. Please come out and help us plan our garden.

Crafts



Our Team

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"This Month In History"

APRIL

1789: George Washington is inaugurated as the first president of the United States.

1792: Congress establishes the first U.S. Mint. It is in Philadelphia, which was the nation's capital at the time.

1805: Author Hans Christian Andersen is born in Denmark. He wrote more than 150 fairy tales for children, including the classics "The Little Mermaid" and "The Ugly Duckling."

1817: Thomas H. Gallaudet and Laurent Clerc establish the first American school for the deaf.

1822: Landscape architect Frederick Law Olmsted is born. He helped design some of the most famous parks in America, including Central Park in New York City.

1925: "The Great Gatsby" by F. Scott Fitzgerald is published.

1949: The Richard Rodgers and Oscar Hammerstein musical "South Pacific" opens on Broadway.

1970: Earth Day is observed for the first time.

1974: Hank Aaron hits his 715th home run, passing Babe Ruth as the all-time home run leader.

1976: Steve Jobs and Steve Wozniak form Apple Computer Inc.

1981: The first space shuttle, Columbia, is launched from Kennedy Space Center in Florida.

1990: The sketch comedy series "In Living Color" premieres on television. It is credited with helping to launch the careers of several Hollywood stars, including Jennifer Lopez, Jim Carrey and Jamie Foxx.