

Everyone Deserves
a Great Life

April 2017



WHISPERING WOODS

3956 WHISPERING WAY SE • GRAND RAPIDS, MI 49546 • (616) 949-9500
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Whispering Woods Manager Contact Numbers

- Whispering Woods: Main Number
616-949-9500
- Executive Director: Lucijana Tomic ext 1027
- BOM: Zelika Loncar ext 1019
- Housekeeping Director: Sena Muratovic (616) 617-9607
- DOH: Becky Orange ext 1009
- Life Enrichment Director: Mary Mayweather ext 1025
- Resident Care Coordinator: Shannon ext 1003
- CRM: Kat Hartley ext 1020
- Staff Supervisor Patenna Shannon 1000
- Staff Supervisor Heather Calvin 1005
- Seir Monroe Facility Manager (616) 589-1730
- Resident Care Manager: Latrice Smith ext 1013
- Resident Care Manager: Glennis Boyd-Walker ext 1006



We had so much fun and got so much insight from the owner, Kevin, coming to Whispering Woods. We also want to thank our staff along with Kevin for the great job they do.



Let's give a warm welcome to Glenis, our nurse for building 1-2 and 3-4. Glenis became a nurse in 1988 because her mom, Irene, was a RN supervisor for a Louisiana hospital. Glenis loves to give hands-on care and be involved with clients happy and sad. She loves to assist the total patient, not just with paperwork but also with care. Glenis enjoys assisting with giving residents pride, dignity, and privacy to keep them as independent as possible.

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Congratulations!
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Filing Deadline

Usually, the deadline to file tax returns is April 15, but that date falls on a Saturday this year. The District of Columbia celebrates Emancipation Day on Monday, pushing the 2017 tax deadline to Tuesday, April 18.

Thank You, Volunteers

April 23-29 is National Volunteer Week, a time to honor the contributions of those who make service to their communities a part of their lives.



Try Tai Chi

Aching knees are a common symptom of osteoarthritis, but an ancient Chinese practice may provide relief. A Tufts Medical School study found those who took a 12-week tai chi class reported a significant reduction in knee pain and stiffness.



Trivia Whiz



Resident Birthdays for April

Cheryl Backing 4/ 1
 Carol Connoy 4/6
 Tyrese Corbett 4/21
 Joan Doyle 4/26
 Elizabeth Fransworth 4/20
 Harald Filling 4/4
 Charles Gardner 4/13
 Sharon Hoeksema 4/3
 Ruth Miller 4/5
 Jean Quick 4/18
 Eileen Ryskamp 4/28
 Keith VanderVeen 4/6

Employee Anniversaries

Administrator Lucijana Tomic 4/20/2011
 Business office manager Patenna Shannon 4/22/2010
 Lakeshia Hopkins 4/18/2016
 Sierra Mcherron 4/27/2015
 Monique Thomas 4/27/2015
 Simone Gilliam 4/11/2016

Employee Birthdays

Toccara Means 4/4
 Maria Sarabia 4/5
 Montiarra Ivory 4/20
 Timothy Hansen 4/9
 Halida Causevic 4/15
 Latisha Williams 4/27
 Carlasia Wells 4/8

Resident Council

Residents Council
 Building 1-2 April 13,
 at 3pm

Residents Council
 Building 3-4 April 19
 at 3pm

Residents Council
 Building 5-6 April 19 at
 3:45pm

Resident Spotlight



Resident Party

April Birthday/Easter Celebration
 April 14, 2017

Family Dinner April 27, 2017

Weekly Outings We have outings every Monday for Buildings 7 and 8 at 2pm.

We have trips every Tuesday at 1:30. First and third weeks we go to Meijer. Week two we have a special restaurant trip. Week four is our Dollar Tree trip. Please let the Activity Assistant know in your building ahead of time.

Bunny Bait Chex Mix

- 4 c Rice Chex cereal
- 1/4 c brown sugar
- 2 T butter
- 2 T corn syrup
- 1/4 c pastel candy sprinkles
- 2 c Vanilla Chex cereal
- 2 c bite-size pretzels
- 1 c mini marshmallows
- 1 c cashews
- 1 c pastel colored M&M's
- 1/2 c butterscotch chips

Place Rice Chex in bowl. In separate bowl, heat brown sugar, butter, and corn syrup (stirring every 20 seconds) until sugar is melted. Pour over cereal and stir until combined. Stir in sprinkles and spread on cookie sheet, allow to cool. In separate bowl, mix together remaining ingredients, then mix all together and store.

Restaurant Review



We had such a great time at Beltline Bar for our Tuesday restaurant outing. The manager of the restaurant gave us free chips and salsa and our waitress was awesome, and the food was delicious. If you would like to join us on our restaurant trip please sign up ahead of time. The trips are always the second week of each month.



Wit & Wisdom

"Baseball was, is and always will be to me the best game in the world."
—Babe Ruth

"There are only two seasons—winter and baseball."
—Bill Veeck

"Love is the most important thing in the world, but baseball is pretty good, too."
—Yogi Berra

"People ask me what I do in winter when there's no baseball. I'll tell you what I do. I stare out the window and wait for spring."
—Rogers Hornsby

"Now, there's three things you can do in a baseball game. You can win, or you can lose, or it can rain."
—Casey Stengel

"Baseball, it is said, is only a game. True. And the Grand Canyon is only a hole in Arizona."
—George Will

"Rise" by Lisa Hoffman, 2009



Wake up and rise!
Each day holds a new surprise.
Show everyone a smile
And share laughter for a while.
Find a song to sing.
Joyful and loud let it ring.
Though your body may be losing control,
There are no boundaries within your soul.
No matter your limitations, shape or size,
Embrace life and let your spirit rise!

Congrats to Marquel for Employee of the Month



Great job.