

*Everyone Deserves  
a Great Life*

**April 2017**



# BUCHANAN MEADOWS

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### **Chili Cook-Off**

The ballots were cast and counted and this year's Chili was Kim's Working Women Chili! It will be representing Buchanan Meadows in the City's Chili Cook-Off. Thank you to all who participated; a good time was had by all with lots of full bellies!



### **Mardi Gras**

This year for Mardi Gras we had a Paczki Party! As you can tell, everyone got involved and had lots of Paczkis.





## Trivia Whiz

### Busy Beavers

Known for their unique ability to adapt their environment to suit them, beavers are fascinating animals.

With powerful jaws and strong teeth, beavers fell trees and use them to build log and mud structures that block streams. These dams turn fields and forests into ponds.

Beaver dams are an important part of the ecosystem, helping slow floodwaters and control erosion.

These semi-aquatic rodents move easily through the water thanks to their stiff, flat tails and webbed feet. Their thick fur is waterproof, and they can hold their breath underwater for up to 15 minutes.

Beavers have orange teeth that never stop growing. They eat bark, roots and leaves from trees, as well as aquatic plants.

### Ash Wednesday

We would like to give a heartfelt thank you to Edwin and the First Presbyterian Church for coming to see us and offer us ash and devotionals. It means so much!



### Crafting With Bev

We will be starting to do a lot of crafting in the next few months to prepare for the Craft Fair on May 7th.

The residents will have several booths. If you know of any vendors that would like to participate, the cost is \$10.00 for a 6 foot table. All of the money collected goes to Michigan Alzheimer Assoc.



## Volunteering Opportunities

It is hard to believe another spring is knocking on our door. Here at Buchanan Meadows we look forward to the opportunity to get the residents outside to enjoy sunshine on their faces. Please make sure your loved one has a light jacket or sweater to wear on our outings to the great outdoors.

If anyone has been looking for an opportunity to volunteer at Buchanan Meadows this is a prime time. We are always looking for individuals who would like to lead an outside group. This involves sitting with our residents in the secured court yard, reading stories, chatting about the weather, discussing the news, and good old fashioned reminiscing. Please see Heather for more information on how you can become a volunteer at Buchanan Meadows and enrich your loved one along with the others who live with us.



## Wit & Wisdom

"Baseball was, is and always will be to me the best game in the world."  
—Babe Ruth

"There are only two seasons—winter and baseball."  
—Bill Veeck

"Love is the most important thing in the world, but baseball is pretty good, too."  
—Yogi Berra

"People ask me what I do in winter when there's no baseball. I'll tell you what I do. I stare out the window and wait for spring."  
—Rogers Hornsby

"Now, there's three things you can do in a baseball game. You can win, or you can lose, or it can rain."  
—Casey Stengel

"Baseball, it is said, is only a game. True. And the Grand Canyon is only a hole in Arizona."  
—George Will



## “This Month In History”

### APRIL

**1789:** George Washington is inaugurated as the first president of the United States.

**1792:** Congress establishes the first U.S. Mint. It is in Philadelphia, which was the nation’s capital at the time.

**1805:** Author Hans Christian Andersen is born in Denmark. He wrote more than 150 fairy tales for children, including the classics “The Little Mermaid” and “The Ugly Duckling.”

**1817:** Thomas H. Gallaudet and Laurent Clerc establish the first American school for the deaf.

**1822:** Landscape architect Frederick Law Olmsted is born. He helped design some of the most famous parks in America, including Central Park in New York City.

**1925:** “The Great Gatsby” by F. Scott Fitzgerald is published.

**1949:** The Richard Rodgers and Oscar Hammerstein musical “South Pacific” opens on Broadway.

**1970:** Earth Day is observed for the first time.

**1974:** Hank Aaron hits his 715th home run, passing Babe Ruth as the all-time home run leader.

**1976:** Steve Jobs and Steve Wozniak form Apple Computer Inc.

**1981:** The first space shuttle, Columbia, is launched from Kennedy Space Center in Florida.

**1990:** The sketch comedy series “In Living Color” premieres on television. It is credited with helping to launch the careers of several Hollywood stars, including Jennifer Lopez, Jim Carrey and Jamie Foxx.