

Everyone Deserves
a Great Life

April 2017



LAKE SIDE VISTA

340 40TH STREET • HOLLAND, MI 49423 • (616) 394-0302

WWW.MERIDIANSSENIOR.COM/LAKESIDE-VISTA

WWW.FACEBOOK.COM/MERIDIANLAKESIDEVISTA



Happy Birthday to:

Myrtle E.	Apr. 11
Peter L.	Apr. 12
Gretta P.	Apr. 17
Elizabeth O.	Apr. 19
Pearline D.	Apr. 20
Betty L.	Apr. 23
Susan D.	Apr. 25
Flip N.	Apr. 28



Out & About

Amsterdam, Rotterdam & Delph Bus Trips

Apr. 6th	Dollar Tree
Apr. 13th	Trestle Stop
Apr. 20th	TJ Maxx
Apr. 27th	Bible for Mexico

Friesland & Zeeland Haus Bus Trips

Apr 6th	Bus BINGO
Apr 13th	French Fries & Fun
Apr 20th	Humane Society
Apr 27th	Saugatuck Cruise



Family Dinner Party

This month, the Family Dinner will be hosted in Amsterdam & Rotterdam on April 18 at 5:30PM. Contact Life Enrichment at ext. 323 to reserve your spot at the party! We look forward to seeing you all there!

Director's Corner

Mechelle Genigeski

April showers bring May flowers! Spring is here, and Holland is buzzing. I hope everyone is signing up for the bus trips to get some fresh air.

You will see a lot of exterior activity happening on the campus this month. Depending on the weather, air conditioning units may start to get reinstalled.

Please let maintenance know if you have a window screen that needs repair.



Life Enrichment Corner

Life Enrichment

Spring is in the air, bird feeders will be hung outdoors, sun-catchers placed in the windows, and many more spring crafts to come!

Featured Pet



Meet Marley, everyone's favorite furry friend that spent the day with us in Zeeland Haus.

A Note From the Maintenance Department

It was a great month in February for getting projects done! Our maintenance team had the Holland Fire Department working with us on bad weather and tornado drills. It was stated that our staff and residents are so kind and willing to go the extra mile. Safety is a big deal at Lakeside. Our residents and staff showed the fire department how safe we can be. Thank you to everyone for the great effort in making this a very good (and safe) experience!

From:
Your Lakeside
Maintenance Team



What's Cooking

Red Velvet Cupcakes

Ingredients

- 1/2 cup of butter
- 1 1/2 cups of white sugar
- 2 eggs
- 1 cup of buttermilk
- 1 fluid ounce red food coloring
- 1 teaspoon of vanilla extract
- 1 1/2 teaspoon of baking soda
- 1 tablespoon distilled white vinegar
- 2 cups all-purpose flour
- 1/3 cup unsweetened cocoa powder
- 1 teaspoon salt

From the Desk of...

The Business Office Manager

Just a reminder that payment is due on the 1st of the month. If you have not paid by the 5th, you may be charged a late fee of \$250 unless you have an agreement with Jill. If you have any further billing questions, please feel free to give me a call or stop by my office.

From:
Jill Quick
(616)394-0302 ext 315

Directions

Ready in 50 minutes, serves 20, and 160 calories

Preheat oven to 350 degrees F (175 degrees C). Grease two 12-cup muffin pans or line with 20 paper baking cups. In a large bowl, beat the butter and sugar with an electric mixer until light and fluffy. Mix in the eggs, buttermilk, red food coloring and vanilla. Stir in the baking soda and vinegar. Combine the flour, cocoa powder and salt; stir into the batter just until blended. Spoon the batter into the prepared cups, dividing evenly.

Bake in the preheated oven until the tops spring back when lightly pressed, 20-25 minutes. Cool in the pan set over a wire rack. When cool, arrange the cupcakes on a serving platter and frost with desired frosting.



Thank you to all staff for the great work with the Holland Fire Department during our tornado drill! After everything was good to go, we had time for a quick picture!

Your Management Team Is Here for You!

Mechelle Genigeski	ext. 312
Don Hillebrands	ext. 314
Elida Cruz	ext. 314
Felicia Wingfield	ext. 313
Ericka Zoerhof	ext. 323
Karlee Rigterink	ext. 323
Jill Quick	ext. 315
Heather Canning	ext. 300
Rob Duck	ext. 310
Tyler Strickfaden	ext. 324



Starting each day off with some baking! These are our delicious chocolate chip bran muffins! Some other favorites are chocolate brownies and almond muffins!



Even when it's cold outside, the bus is warm for a fun Bus Bingo outing around town!

Fun Facts



Five Things About April

- Baseball season is BACK! Many professional baseball teams have their opening days within the first week of April.
- The Boston Marathon is held during April.
- In the Southern Hemisphere, April is the same as October in the Northern Hemisphere.
- The Titanic ship sank on April 15, 1912.
- April is National Kite Month. There is expected to be 700+ kite events all around the world.



SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

3	5	8	2	6	9	4	7	1
6	1	2	4	7	8	3	5	9
7	9	4	1	3	5	8	6	2
1	8	6	5	4	7	2	9	3
2	4	5	3	6	1	7	8	9
6	3	7	8	2	6	5	1	4
4	5	6	1	7	8	3	9	2
8	3	9	1	7	4	5	2	6
2	8	7	6	1	3	9	4	5
5	9	3	6	8	4	1	2	7

Solution

		1	4	8	6			5
5		9					2	
			2			1		
		5	9			7		6
	8			6			4	
3		2			5	9		
					1			
	5					2		9
1			6	9	2	8		

"This Month In History"

APRIL

1789: George Washington is inaugurated as the first president of the United States.

1792: Congress establishes the first U.S. Mint. It is in Philadelphia, which was the nation's capital at the time.

1805: Author Hans Christian Andersen is born in Denmark. He wrote more than 150 fairy tales for children, including the classics "The Little Mermaid" and "The Ugly Duckling."

1817: Thomas H. Gallaudet and Laurent Clerc establish the first American school for the deaf.

1822: Landscape architect Frederick Law Olmsted is born. He helped design some of the most famous parks in America, including Central Park in New York City.

1925: "The Great Gatsby" by F. Scott Fitzgerald is published.

1949: The Richard Rodgers and Oscar Hammerstein musical "South Pacific" opens on Broadway.

1970: Earth Day is observed for the first time.

1974: Hank Aaron hits his 715th home run, passing Babe Ruth as the all-time home run leader.

1976: Steve Jobs and Steve Wozniak form Apple Computer Inc.

1981: The first space shuttle, Columbia, is launched from Kennedy Space Center in Florida.

1990: The sketch comedy series "In Living Color" premieres on television. It is credited with helping to launch the careers of several Hollywood stars, including Jennifer Lopez, Jim Carrey and Jamie Foxx.