

*Everyone Deserves  
a Great Life*

April 2017



# ORCHARD PARK

AT SOUTHFORK

3151 SOUTHFORK PARKWAY • MANVEL, TX 77578 • (713) 960-4727

## Staff

Shannon Reny	Executive Dir.
Mary DeOllos	Wellness Dir.
Lorna Dunn	Business Dir.
Caroln McCain	Com. Relations
Grant Brooks	Dining Dir.
Joy Carroll	Enrichment Dir.
Rob McCracken	Facility Dir.
Seneca Cosse	MMIT Dir.
Tam Hall	Rs. Care Coord



## SPRING INTO ACTION!!!

Every spring all things come to life. Why not try a new activity or two? Make new friends. Feel your aches and pains go away. Learn a new skill. And discover a smile on your face!



## Word in a Word

## Calendar Observances

National Humor Month  
Maya Angelou's Birthday  
National Walking Day  
Twinkie Day  
World Health Day  
Palm Sunday  
Rosie Riveter Day  
Anniversary of FDR  
Space Day  
Licorice Day  
Live Mannequin Day  
Passover  
Scrabble Day  
Good Friday  
Easter Day  
National Karaoke Week  
Tax Deadline Day is the 18th!  
"Old Soldiers Never Die" Day  
Taurus The Bull  
Happy Birthday Fenway Park  
Earth Day  
**National Volunteer Week**  
Tattoo Party!!!  
Take Your Child to Work Day  
Arbor Day  
World Wish Day



## Don't Forget Alzheimer's Support Group

Alzheimer's Support Group will meet Wednesday, April 26th, in the Media Room in the Assisted Living. Mark your calendars for 5:00 PM. Refreshments will be served. Thank you for your support. Sponsored by the Alzheimer's Association.

## Mealtimes

### Assisted Living

Breakfast 8:00 a.m.  
Lunch 12:00 p.m.  
Dinner 5:00 p.m.

### Memory Care

Breakfast 7:30 a.m.  
Lunch 11:30 a.m.  
Dinner 5:00 p.m.



ME  
SE

## A Letter From Your Executive Director, Shannon

Please excuse our mess, as we will be remodeling both our Memory Care and Assisted Living neighborhoods over the next few months. Meridian Senior Living has made the decision to increase the Assisted Living by providing Companion Suites. One hallway in our Memory Care Neighborhood will now be Assisted Living Apartments. The construction will take place this spring and should not last more than 60 days once we begin the process. This will slightly decrease the size of the Memory Care Neighborhood and allow for us to continue providing a quality program for residents with memory loss, and our residents in Assisted Living.

Remember to join us for our family nights and special events. Your participation will contribute to make this a wonderful home for our residents, and everyone deserves a great life!

## We Welcome New Residents!!!

Charlene Biggs (101)  
Larry Harris (105)  
Eleanor Williams (114)  
Barry Goodwin (119)  
Carmaleta Mass (131)  
Clifford Blake (136)  
Marilyn Ragazzo (143)  
Ruth Hanks (148)

\*Remember, if you refer a friend or family member and they move in, you will receive \$1000 toward your next rent.

## April Birthdays

Barry Goodwin 7th  
David Knodel 19th  
Earl Bosche 20th  
Darwin Harris 25th

## May It Be a Great Year!

## Trivia Whiz



### The Birth of Baby Carrots

Did you know that baby carrots were created to give ugly carrots a chance at being sold? In 1986, a California carrot farmer sprouted the idea to cut and peel imperfect, unwanted full-grown carrots into identical 2-inch pieces, and they were an instant hit at grocery stores. Packaged baby carrots now make up nearly 70 percent of carrot sales.



### A Rose for Peace

Distinguished by luscious, creamy yellow petals edged with pink, it's a flower that symbolizes the end of a war and hope for the future—the Peace rose, introduced to the world on April 29, 1945.

The beautiful blossom's story begins in France, where it was developed by

third-generation rose breeder Francis Meiland between 1935 and 1939. With World War II looming, Meiland sent cuttings of the hybrid tea rose to friends in Germany, Italy and the U.S., who were able to grow the roses with great success. Marked by hardiness and large, long-lasting blooms, the new variety was destined to be a favorite in the gardening world.

Days before Germany's surrender, a ceremony for the new rose was held. As two doves were released, it was announced that the variety would be "named for the world's greatest desire: peace."

The Peace rose has been called the most popular rose in the world, with an estimated 40 to 50 million plants grown around the globe.



### Resident of the Month

Miss Jeanie Hughes enjoys participating in every opportunity she can find. She is helpful and very kind. She is always affirming her neighbors and encouraging them to join in the activities. She has a tender heart and has had a successful career working for Sears Roebuck & Co.



A BIG thank you to Myron for all you do!  
You are so appreciated!!!

## Wit & Wisdom

"Baseball was, is and always will be to me the best game in the world."  
—Babe Ruth

"There are only two seasons—winter and baseball."  
—Bill Veeck

"Love is the most important thing in the world, but baseball is pretty good, too."  
—Yogi Berra

"People ask me what I do in winter when there's no baseball. I'll tell you what I do. I stare out the window and wait for spring."  
—Rogers Hornsby

"Now, there's three things you can do in a baseball game. You can win, or you can lose, or it can rain."  
—Casey Stengel

"Baseball, it is said, is only a game. True. And the Grand Canyon is only a hole in Arizona."  
—George Will



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## "This Month In History"

### APRIL

**1789:** George Washington is inaugurated as the first president of the United States.

**1792:** Congress establishes the first U.S. Mint. It is in Philadelphia, which was the nation's capital at the time.

**1805:** Author Hans Christian Andersen is born in Denmark. He wrote more than 150 fairy tales for children, including the classics "The Little Mermaid" and "The Ugly Duckling."

**1817:** Thomas H. Gallaudet and Laurent Clerc establish the first American school for the deaf.

**1822:** Landscape architect Frederick Law Olmsted is born. He helped design some of the most famous parks in America, including Central Park in New York City.

**1925:** "The Great Gatsby" by F. Scott Fitzgerald is published.

**1949:** The Richard Rodgers and Oscar Hammerstein musical "South Pacific" opens on Broadway.

**1970:** Earth Day is observed for the first time.

**1974:** Hank Aaron hits his 715th home run, passing Babe Ruth as the all-time home run leader.

**1976:** Steve Jobs and Steve Wozniak form Apple Computer Inc.

**1981:** The first space shuttle, Columbia, is launched from Kennedy Space Center in Florida.

**1990:** The sketch comedy series "In Living Color" premieres on television. It is credited with helping to launch the careers of several Hollywood stars, including Jennifer Lopez, Jim Carrey and Jamie Foxx.