

Everyone Deserves  
a Great Life

April 2017



**ORCHARD PARK**  
PERMIAN BASIN  
*Assisted Living & Memory Care*

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Orchard Park: We enrich the lives of our residents, families, and employees through extraordinary experiences ... everyone deserves a great life!

Our Management Team: Eric Bartlett, Orchard Park Executive Director; Leanne Howell, MC Moments in Time Care Coordinator; Lacacia Kendrick, Wellness Director; Kasi Dobson, Business Office Manager; Facilities Director; Life Enrichment Coordinator.



### Easy Reading

To get the best light while you're reading, table lamps should project their glow just over your shoulder. Choose a lamp no shorter than 35 inches, or place a shorter lamp on a decorative box to increase its height.

### News From Orchard Park

We are growing! I am talking about new faces, activities and of course our courtyard garden.

We welcome the chance to go with each of you on this journey. I am blessed to be working with a staff that honors and respects you and your family members. We share joy, faith, music and so many more "moments in time."

We are in the process of moving fresh ideas to new activities. You are invited to stop and visit about your suggestions. We want you involved and to feel a part of the Orchard Park Family. Your family has become mine, and I thank you for the honor.



### Flourish of Flowers

Whether it's tulips, daffodils or azaleas, each April, from coast to coast, folks celebrate the flowers of spring. In some places, multi-day festivals have blossomed around their arrival. Washington's Skagit Valley is famous for its 300 acres of brightly colored tulip fields. More than half a million yellow daffodils are the center of attention in Meriden, Conn., and Wilmington, N.C., showcases its lush gardens of azaleas.

### A Little Rain Must Fall

"The way I see it, if you want the rainbow, you gotta put up with the rain." —Dolly Parton

### Fragrant Forecast

Loved by many people, there's actually a name for the unmistakable scent of rain: petrichor. When certain plants and soil-dwelling bacteria get wet, they release oils and chemicals that create the earthy odor.

### Garden Planned

Spring is just around the corner and we are thinking about plants for our courtyard! There will be everything from tomato plants to a selection of flowers. Come with suggestions or just the joy of sharing a cool drink outside.



### News From Activities

I would invite everyone to come and share an evening with us. The third Friday of every month we have family night. We will feature fun foods and maybe a cookout. Of course, if you have visited us in the past you know that music is key. On family night we will have the popular Ponch and Victoria to provide live music. They have been known to have our family members sing with them from time to time.

This will be good time to relax and just enjoy being with family. You will also have time to visit with staff about suggestions for the future.

We want the entire family to feel "at home" when you visit. Let us know how we can help. Sometimes there is a lot of healing in a simple cup of coffee and conversation. Many of us have traveled this journey. Lean on us, so you can enjoy your family.

Leanne Howell

We will be officially adding more supplies for a Bible study that has informally been led by Tracy,

There will be, by resident request, a box containing birthday party supplies. Our residents want to honor their friends on their birthday and have asked that they have the opportunity and the supplies to honor each other.

I will be looking for military hats and other military items. We will also be interested in finding items that a ranch hand or cowboy might use.

These collections of items with a central theme can be used with our residents individually, or in a larger group to start conversations and create and recall Moments In Time.



### A Rose for Peace

Distinguished by luscious, creamy yellow petals edged with pink, it's a flower that symbolizes the end of a war and hope for the future—the Peace rose, introduced to the world on April 29, 1945.

The beautiful blossom's story begins in France, where it was developed by



ME  
SE

### Looking Forward

There several upcoming events that are noteworthy:

April 14, The Easter Bunny will visit.

April 14, Family Night

April 15, Family Support Group

May 20, Bark in the Park, Midland, a chance to honor the relationship between pets and humans

October 7 Midland Alzheimer's Walk

October 14, Odessa Alzheimer's Walk



third-generation rose breeder Francis Meiland between 1935 and 1939. With World War II looming, Meiland sent cuttings of the hybrid tea rose to friends in Germany, Italy and the U.S., who were able to grow the roses with great success. Marked by hardiness and large, long-lasting blooms, the new variety was destined to be a favorite in the gardening world.

Days before Germany's surrender, a ceremony for the new rose was held. As two doves were released, it was announced that the variety would be "named for the world's greatest desire: peace."

The Peace rose has been called the most popular rose in the world, with an estimated 40 to 50 million plants grown around the globe.

# ERIDIAN SENIOR LIVING



We welcomed a new therapy dog team: Max and Barbara. Our residents really enjoyed seeing this trained dog.

## Resident Spotlight

This month we are introducing you to Peggy Thorne.

Peggy grew up on a ranch outside of Merkle, TX. She has two sons. She would earn her doctorate of education. She has been both teacher and superintendent. She says she never retired, just kept on with school seminars, and gave workshops for teachers. She has been Teacher of the Year, and has authored several books. Peggy is always happy and encourages everyone she meets.



Peggy Thorne



## Wit & Wisdom

"Baseball was, is and always will be to me the best game in the world."  
—Babe Ruth

"There are only two seasons—winter and baseball."  
—Bill Veeck

"Love is the most important thing in the world, but baseball is pretty good, too."  
—Yogi Berra

"People ask me what I do in winter when there's no baseball. I'll tell you what I do. I stare out the window and wait for spring."  
—Rogers Hornsby

"Now, there's three things you can do in a baseball game. You can win, or you can lose, or it can rain."  
—Casey Stengel

"Baseball, it is said, is only a game. True. And the Grand Canyon is only a hole in Arizona."  
—George Will

# April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>April Fools' Day</b> 1  Therapy Dog/Ozark
2 9:30 Church W/Rev. Sutton	3 Spring Craft	4 Flower Arranging	5 Card Games	6 New Resident Party	7 Bus Trip: Ice Cream	8 Easter Crafts
9 9:30 Church W/Rev. Sutton	10 	11 Wear a Hat Day	12 Fancy Nails	13 Therapy Dog: Duke	14 Catholic Communion Bus Trip: See the Ducks Easter Bunny	15 Family Support Meeting
<b>Easter</b> 16 9:30 Church W/Rev. Sutton	17 Garden Care	18 Garden Care	19 Sing A Long	20 Painting	21 Family Night Ponch and Victoria	22 
23/30 9:30 Church W/Rev. Sutton	24 Trivia	25 Tool Box	26 Card Games	27 Therapy Dog, Great Dane Cokes on the Courtyard	28 Bus Tour of Odessa	29 Flower Arranging

## "This Month In History"

### APRIL

**1789:** George Washington is inaugurated as the first president of the United States.

**1792:** Congress establishes the first U.S. Mint. It is in Philadelphia, which was the nation's capital at the time.

**1805:** Author Hans Christian Andersen is born in Denmark. He wrote more than 150 fairy tales for children, including the classics "The Little Mermaid" and "The Ugly Duckling."

**1817:** Thomas H. Gallaudet and Laurent Clerc establish the first American school for the deaf.

**1822:** Landscape architect Frederick Law Olmsted is born. He helped design some of the most famous parks in America, including Central Park in New York City.

**1925:** "The Great Gatsby" by F. Scott Fitzgerald is published.

**1949:** The Richard Rodgers and Oscar Hammerstein musical "South Pacific" opens on Broadway.

**1970:** Earth Day is observed for the first time.

**1974:** Hank Aaron hits his 715th home run, passing Babe Ruth as the all-time home run leader.

**1976:** Steve Jobs and Steve Wozniak form Apple Computer Inc.

**1981:** The first space shuttle, Columbia, is launched from Kennedy Space Center in Florida.

**1990:** The sketch comedy series "In Living Color" premieres on television. It is credited with helping to launch the careers of several Hollywood stars, including Jennifer Lopez, Jim Carrey and Jamie Foxx.