

*Everyone Deserves
a Great Life*



LIBERTY COURT

124 LIBERTY COURT · DIXON, IL 61021 · (815) 285-2000

March 2017

SUNDAY MATINEE

3/5

Grease

3/12

On Golden Pond

3/19

Calendar Girls

3/26

Something's Gotta Give

Join us for a movie, popcorn, candy and drinks every Sunday throughout March at 1:30 p.m. in the B side living room.



Dry Eyes

If your eyes feel dry and itchy, take a closer look at your medications. Certain prescriptions can dry out the surface of the eye, so talk to your physician about your symptoms.

Read All About It

If you want to feel happier, read an adventure story. A study found that when people read about someone else's awe-inspiring experience, they felt more satisfied and less stressed than people who were simply shown something that made them happy.

Cajun Crustaceans

Soon, folks will gather around newspaper-covered tables for a beloved Cajun custom, the crawfish boil, where they will feast on the shellfish that's considered a Louisiana delicacy. Crawfish season peaks in the spring.

Irish Pride

This year marks the 255th anniversary of New York City's St. Patrick's Day parade. During the first celebration in 1762, Irish soldiers stationed in the Colonies wore green, sang songs and played music to show pride for their homeland.

Final Four Fever

After March Madness unfolds, the American sports obsession known as the Final Four will play out in Arizona, beginning March 31. The NCAA Men's Division I champions will be crowned after the championship game April 3 at the University of Phoenix.



Spring Is on the Way

March 20 marks the first day of spring and the vernal equinox, when the hours of daylight and darkness are nearly equal.

A Colorful Celebration

Those who find joy in a brand-new box of crayons and a coloring book will appreciate March 31, National Crayon Day. In 1903, Binney & Smith sold the first eight-pack boxes of Crayola crayons for a nickel apiece. Today, artists of all ages can choose from a spectrum of 120 shades.

MANAGEMENT STAFF

Executive Director: Ann Barlow

Business Office: Connie Jarrett

Resident Care Manager

Stephanie Herwig, LPN

Life Enrichment Director

Amanda Richardson

Director of Hospitality

Amie Hansen

Maintenance: Doug Heier



Meet Aimee Hansen, Director of Hospitality



Aimee joined our team on February 1st. She is a hardworking mother of 4. She has worked in kitchens for 23 years. She enjoys scrapbooking and watching her kids with their extracurricular activities. Aimee is



excited to bring some fresh ideas to our dining experience.

Please join us in welcoming Aimee to our Liberty Court community.



COME SEE US AT 11:30 AM FOR CORNED BEEF AND CABBAGE ON MARCH 17TH.

Trivia Whiz

The Emerald Isle

St. Patrick's Day on March 17 is a national holiday in Ireland. Here's a wee bit more about the land of shamrocks and leprechauns.

Irish Gaelic is the country's first official language, but English, the second official language, is more commonly spoken.

Because of its isolation from the European mainland, Ireland lacks several animal species common elsewhere in Europe, including weasels, polecats and roe deer.

The national symbol of Ireland is a musical instrument: the harp. The 15th-century harp that served as the model for the emblem is housed at Trinity College in Dublin.

Many Irish family names start with "Mac," which means "son of," or "O," which means "grandson of" or "descendant of."



- 3 Ron C.
- 8 Nykollette G. / Dietary Asst.
- 11 Ana G. / Housekeeping
- 14 Amanda T. / RA
- 18 Carrie P. / RA
- 31 Mearl B.



Save the Date



EMERGENCY PERSONNEL BREAKFAST

3/4/2017 8:30 AM - 9:30 AM

MEMORY CARE SUPPORT GROUP

3/21/2017 5:30 PM MEANINGFUL VISITS - SPEAKER SUE SKLAR WITH ILLINOIS ALZHEIMER'S ASSOCIATION

SPONSORING & CALLING BINGO

3/24/2017 9:30 AM - 11:00 AM @ LEE COUNTY SENIOR CENTER

ERIDIAN SENIOR LIVING

Meet Community Member...

Marjorie Clausen

How Long Have You Lived Here?

Over two years

Tell Me About Yourself?

I enjoy attending all the outings and playing cards with my friends that I have made here.

What Do You Do for Fun?

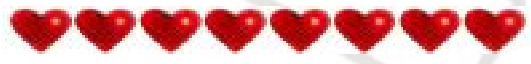
Knitting, crocheting. I grew up on a farm, so I enjoy anything outside.

What Are Your Hobbies?

Reading and walking, helping other people.

What Do You Like Most About Living at Liberty Court?

The people that are here, the friendships I've made and the atmosphere of the place. Everyone is kind and friendly and always willing to help. The food is very good.



THANK YOU TO THE DIXON GIRL SCOUT TROOP #2189 FOR STOPPING BY AND VISITING WITH US. THEY HANDED OUT VERY SPECIAL VALENTINE'S CARDS. WE HOPE TO SEE YOU ALL SOON



NORMA SAYS THANK YOU FOR HER SPECIAL VALENTINE'S CARD



CATHY ENJOYING HER SPECIAL LITTLE GIRL SCOUT VISITOR. SHE LOVED HER CARD



Wit & Wisdom

"The pessimist complains about the wind; the optimist expects it to change; the realist adjusts the sails."
—William Arthur Ward

"If you reveal your secrets to the wind, you should not blame the wind for revealing them to the trees."
—Kahlil Gibran

"A great wind is blowing, and that gives you either imagination or a headache."
—Catherine the Great

"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade."
—Charles Dickens

"Notice that the stiffest tree is most easily cracked, while the bamboo or willow survives by bending with the wind."
—Bruce Lee



"This Month In History" MARCH

1876: Scientist Alexander Graham Bell is granted a patent for what would become his most famous invention, the telephone.

1918: The U.S. Congress passes the Standard Time Act, setting official time zones and enacting daylight saving time nationwide.

1933: In his inaugural address, President Franklin D. Roosevelt pledges to lead the country out of the Great Depression.

1946: Former British Prime Minister Winston Churchill coins the Cold War phrase "Iron Curtain" in a speech at Westminster College in Missouri.

1952: Jazz trumpeter and composer Miles Davis records "Kind of Blue." Many critics cite the best-selling album as the greatest jazz record of all time.

1965: The film version of the Rodgers and Hammerstein musical "The Sound of Music" premieres.

1971: Billed as boxing's "Fight of the Century," Joe Frazier defeats Muhammad Ali before a sold-out crowd at New York's Madison Square Garden.

1985: A Boston computer company registers the world's first internet domain name: Symbolics.com.

1997: At the World Figure Skating Championships, 14-year-old American Tara Lipinski becomes the youngest skater in history to win the women's singles title.

2002: After 200 years of neutrality, voters in Switzerland approve a referendum to join the United Nations.

2007: Instant replay becomes a permanent officiating tool in NFL games.