

Everyone Deserves  
a Great Life

April 2017

### Special Events

- April 1 April Fools' Hanson's Perform
- April 4 Genesis Seminar & Easter Craft
- April 11 Soaring Eagles
- April 12 Easter Bonnet Parade
- April 15 Easter Egg Hunt
- April 16 Easter Day
- April 18 Visit Genesis Senior Living
- April 22 Earth Day
- April 23 Adopt a Grandparent Program
- April 24 -28 Supportive Living Week
- April 24 Red, white & blue day
- April 25 Hairstylist APPR'N & Crazy Hair & Pajamas Day
- April 26 Administrative Professional Day & Mismatched Day
- April 27 Hat Day
- April 28 Best Outfit Day open house 6-7:30pm
- April 29 Hanson's Perform

### Resident Birthdays

- April 6 Lucille Elliott
- April 9 Derald Jones
- April 10 Babe Hyett
- April 12 Betty Hofer
- April 14 Idemae Kelly
- April 23 Jim Doonan



# BROOKSTONE OF ALEDO

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### Supportive Living Week April 24-28

We have special dress-up days for each day of the week. A winner will be picked for each day. The winners will be decided by the Brookstone Management Team and announced on Friday, the 28th, @ 2:00 pm.

**Monday, April 24- USA...Red, White, & Blue Day!** Show your USA spirit and dress up in your Red, White, & Blue today.

**Tuesday, April 25- Crazy Hair & PJs Day!** Today is National Hairstylist Appreciation Day. In

honor of all of our hairstylists, we will wear our hair crazy and wear our PJs today, because, without our hairstylists, our hair would be crazy everyday & we just like to wear our PJs.

**Wednesday, April 26- Mismatched Day!** Today is Administrative Professional Day. In honor of our Administrative Professionals, we will dress mismatched today, because, without them to keep things organized, we would be a mixed up mess everyday.

**Thursday, April 27- Hat Day!** Let us see your very own unique style through your choice of hat. Let your personality shine... Wear a hat that reflects who you are today.

**Friday, April 28- Best Outfit Day!** Wear your best outfit today!  
**Please invite your family and friends to our cheese and wine tasting event at our open house today from 6-7:30 pm.**



### Staff Birthdays

- April 28 Sam Wool
- April 30 Sam Houdyshell

**Happy Birthday to our wonderful staff members! We hope your birthday is as great as you are!**



## Trivia Whiz



### Outdoor Strolls

Spring is here! Take advantage of milder weather and go for a walk in the fresh air. A recent large-scale study by the University of Michigan reported reduced stress levels in people who walked outside with a group. Researchers believe that the combination of exercise, nature and social interaction serves as a powerful mood enhancer. People facing stressful life events, such as an illness, experienced the biggest boost; however, going on regular outdoor walks may contribute to an improved sense of well-being, even when you're feeling fine.

### Easter Egg Hunt @ Brookstone

Brookstone of Aledo will be hosting an Easter Egg Hunt for the children in our community. If you know any children who would like to take part in an Easter Egg Hunt, please invite them to our event. There will be cookies and punch in the facility for all to enjoy during our event. Our Easter Egg Hunt will take place on April 15th @ 9:00 am. Come join us for a fun time to be had by all!



### Apollo Easter Bonnet Parade

Apollo's Kindergarten Students will be coming here on April 12 @ 10:00 for their Annual Easter Bonnet Parade. Please come down to the dining room to enjoy this wonderful parade filled with smiling faces and adorable handmade Easter Bonnets.

### National Do Unto Others Day

April 5th is National Do Unto Others Day. This day is based on "The Golden Rule" Matthew 7:12 "Do to others as you would want others to do to you." A rule to strive for in our lives that is not always easy to remember or do. Let us try to stop and think (not just today but every day) ... is this how I would want to be treated or spoken to? If the answer is NO, then maybe we should think twice before we say or do it.

### Days of Appreciation

#### Tuesday, April 25th, is Hairstylist Appreciation Day!

Brookstone of Aledo would like to thank Emma Downey, our in-house hairstylist, for all her hard work and dedication to our residents. **Thank you, Emma!**

#### Wednesday, April 26th, is Administrative Professional Day!

Brookstone of Aledo would like to thank Symone Silva for all that she does for our staff and our residents. **Thank you, Symone!**

Please take some time out of your day to thank these wonderful ladies for all that they do for you!

**THANK YOU FOR ALL THAT YOU DO!**



### Resident of the Month

April's Resident of the Month is Walter Holstine.

Thank you, Walter, for showing care, compassion, and respect to others in our Brookstone community. Having a positive outlook on life and helping others is a wonderful quality and we want to show our thanks to the residents who give back to our community in this way.

Thank you, Walter, for your positive effect on our community.





## Employee Highlight...

You have elected Doug Sproston as your highlight employee for the month of February! Doug has worked here for 9 years. Hope you enjoy getting to know him better.

- What do you do for fun? Go camping and fishing
- Favorite meal? Tacos
- First thing you would do if you won the lottery? I would travel the world.
- Tell us about your family...Doug is married, his wife's name is Shawn, he has two sons, one of which passed away at age 23. Doug is the grandfather of 9 grandchildren.
- Most important thing you have learned in the past year? How to be strong and understanding.
- What is on your bucket list? Building a shed big enough for all of my cats.
- Weirdest thing you have ever eaten? a worm
- Where would your dream vacation be? Jamaica
- You are happiest when? I am Camping
- Favorite childhood memory? Living on the farm and playing in the hog lot.
- Something people may not know about you? I don't like snakes.
- If you could have 1 super power for 1 day what would it be? Superman ... Flying
- If you were stuck on an island, name 3 things you would want to have? Pillow, food, Iced tea



## Remember When: Gloves and Hats

Ladies, young and old, once considered even the nicest ensemble to be incomplete without a pair of gloves and a hat, especially in springtime. Gloves were often short and white, but sometimes matched the color of a coordinating hat. Ranging from simple to showstoppers, hats were made of materials like fabric, felt, straw or velvet, and were frequently embellished with feathers, ribbons, flowers and netting.



## Wit & Wisdom

"Baseball was, is and always will be to me the best game in the world."  
—Babe Ruth

"There are only two seasons—winter and baseball."  
—Bill Veeck

"Love is the most important thing in the world, but baseball is pretty good, too."  
—Yogi Berra

"People ask me what I do in winter when there's no baseball. I'll tell you what I do. I stare out the window and wait for spring."  
—Rogers Hornsby

"Now, there's three things you can do in a baseball game. You can win, or you can lose, or it can rain."  
—Casey Stengel

"Baseball, it is said, is only a game. True. And the Grand Canyon is only a hole in Arizona."  
—George Will

# "This Month In History" APRIL

**1564:** Playwright and poet William Shakespeare is born.

**1859:** A 23-year-old Missouri man named Samuel Clemens receives his steamboat pilot's license. He would later gain fame as writer Mark Twain.

**1866:** Henry Bergh founds the American Society for the Prevention of Cruelty to Animals.

**1897:** The first Boston Marathon is run. New Yorker John J. McDermott wins with a time of 2:55:10.

**1906:** A short story collection by O. Henry is published, including "The Gift of the Magi."

**1914:** The first movie theater, the Mark Strand Theatre, opens in New York City.

**1954:** Bill Haley and the Comets record "Rock Around The Clock."

**1956:** The elegant Grace Kelly marries Prince Rainier of Monaco, effectively ending her career as an actress and beginning her life as a princess.

**1969:** At the 41st Academy Awards, Katharine Hepburn and Barbra Streisand tie for Best Actress. Hepburn won for "The Lion in Winter"; Streisand for "Funny Girl."

**1976:** Mike Schmidt of the Philadelphia Phillies hits four consecutive home runs in a game against the Chicago Cubs.

**1982:** Jane Fonda releases the first of her signature workout videos.

**1984:** Kareem Abdul-Jabbar becomes the highest all-time scorer in the NBA after scoring his 31,420th point.

*Best wishes to all  
our residents  
celebrating Easter  
this month.*

*Have a joyous holiday!*

