

THE RESIDENCES AT THOMAS CIRCLE

IN-TOWN SENIOR LIVING

The City Club Memory Care Services & Amenities

The City Club at The Residences at Thomas Circle recognizes the special needs of people with dementia, Alzheimer's and other related memory impairments. Offering a fresh approach, we begin with understanding the stories and details of a senior's life so we can help them attain the lifestyle they have worked so hard to achieve. This means finding ways to involve residents in everyday activities they enjoy and can feel successful at, in specially designed surroundings that are safe, stimulating and therapeutic—designed to enhance their independence.

The City Club Memory Care Neighborhood – Based on the Montessori, Moments In Time Program, the Thomas Circle memory care neighborhood stimulates reminiscence and multi-sensory experiences to take our residents on a soothing journey to a place in life that is comfortable and pleasant. Designed to accommodate the unique needs of people with dementia, Alzheimer's and other memory impairments, our memory care neighborhood provides a safe and energized environment for individuals to enjoy esteem-building activities.

Memory Care Features

- Includes multi-sensory experiences, daily exercise, daily outings, group activities, the joy of pets and regularly scheduled visits with volunteer youth groups
- Dining ensures proper nutrition with three delicious, well-balanced meals and healthy snacks always available
- Our Individual Service Plan is developed during private meetings prior to move-in and is tailored to each resident's unique life history
- Initial and ongoing family partnership is encouraged
- Active volunteer programs further encourage family involvement
- Caring professionals extensively trained and dedicated to maintaining the dignity and individuality of every resident

City Club Services

- Living spaces designed to help residents with dementia function as independently as possible
- Private or companion suites with a choice of floor plans, comfortable, quality furnishings and artwork
- Variety of comfortable community areas including an elegant community dining room, private dining room for family or guests, café/tea room and media, television and living room areas
- Beautifully manicured and maintained landscaping, gardens and grounds
- Intimate family room with fireplace
- Social, educational, devotional and recreational programs
- Licensed nurses available 24-hours a day
- Full-service beauty/barbershop



Everyone Deserves A Great Life!

